

# SENIOR MEAL SITE LUNCH MENU

Area Agency on Aging Senior Nutrition Program

USDA IS AN EQUAL OPPORTUNITY PROVIDER

Name of Meal Site: Moscow

Menu for the month of: October, 2025

Coffee and Snacks at 10:00 AM, Soup (when available) at 10:30 AM

Salad Bar available at 11:30 AM, Main Entrée served at noon

Lunch held in the Great Room of the 1912 Center, 412 East Third Street, Moscow, Idaho

Suggested donation for seniors 60 and older: \$5; those under 60 pay \$7



## Tuesday, October 7

Breaded Cod, Tartar Sauce, Fries

Cole Slaw, Corn Muffin

Mixed Fruit

Soup, Salad Bar

Dessert

*Flu Shot*

*Clinic @10AM*

## Tuesday, October 14

Meat Loaf, Mashed Potatoes w/Gravy

Mixed Vegetables, Dinner Roll

Peaches

Soup, Salad Bar

Dessert

## Tuesday, October 21

Beef and Bean Burrito, Salsa

Tater Tots

Pears

Soup, Salad Bar

Dessert

***AAoA Fall Visit 10 AM***

Meal sponsored in memory of Janet McCloskey

## Tuesday, October 28

Spaghetti, Meat Sauce

Vegetables, Garlic Bread

Fruit

Soup, Salad Bar

Dessert

*Friendly Neighbors*

*Board Meeting @ 10AM*

Meal sponsored by Anonymous

Salad bar with all meals: Greens, fresh veggies and fruits, pickled beets, and cottage cheese

## Thursday, October 2

Teriyaki Chicken Thigh

Jasmine Rice

Asian Vegetables, Peaches

Soup, Salad Bar

Dessert

## Thursday, October 9

Cheddar Omelet

Sausage Links, Baked Biscuit

Juice

Soup, Salad Bar

Dessert

*Free Bingo @ Meal Site*

## Thursday, October 16

Chicken Tetrazzini

Seasoned Vegetables

Bread Stick, Fresh Fruit

Soup, Salad Bar

Dessert

## Thursday, October 23

Chili Dog, Cheese and Onions

Seasoned Wedges

Mixed Fruit

Soup, Salad Bar

Dessert

*PALOUSE FIDDLERS*

*PERFORM*

Meal sponsored by LCVHCF

## Thursday, October 30

Turkey Croissant

Cheese, Tomato, and Lettuce

Potato Salad, Fresh Fruit

Soup, Salad Bar

Dessert

Meal sponsored in memory of Lennard Chinn

Drinks available: Milk, coffee, tea, hot chocolate, juice, and water

If you have dietary or religious restrictions to our entrée, we can provide an alternative. Tell us about it when you sign-in.

All meals are served with milk

Menus are subject to change

Meal Site and Menu Information on the web at: [//users.moscow.com/srcenter](https://users.moscow.com/srcenter) or call (208) 882-1562