

# SENIOR MEAL SITE

Neighbors  
Feeding Neighbors



**Tuesdays & Thursdays at the 1912 Center**

**412 East Third Street, Moscow**

**Operated by Friendly Neighbors Senior Citizens, Inc.**

**Enjoy a nutritious meal with old and new friends**

**Social Hour: 10:30 AM ~ Salad Bar: 11:30 AM**

**Main Course at 12 noon ~ Plus Soup & Dessert**

**60 and older suggested donation is \$5 – Non-seniors pay \$7**

## Home Delivery of Meals

Friendly Neighbors also provides meals for home delivery

to seniors (60+). For information on how to qualify, call the Area Agency on Aging in Lewiston at 208-746-3351. A phone call may be all that's needed to be authorized for home delivery.



## Friendly Neighbors' Senior Activities

Activities are in various rooms in the 1912 Center

Friendly Neighbors membership is open to anyone aged 50 or older

### Schedule of Activities Include:

**Monday: Fit & Fall Proof at 9:30 AM (Reception Gallery)**

**Computer Help 10 AM – 12:30 PM (Welcome Room) Board Games 1 – 4 PM (Game Room)**

**Tuesday: Chair Yoga at 9:30 AM (Auditorium) Pinochle 12:30 - 4 PM (Green Dragon Game Room)**

**Wednesday: Fit & Fall Proof at 9:30 AM (Reception Gallery)**

**Mah Jongg 1 – 4 PM (Green Dragon Game Room)**

**Thursday: Qigong at 9:30 AM (Arts Room) Bridge 12:45 – 4 PM (Green Dragon Game Room)**

**Friday: Bingo at 10 AM (Green Dragon Game Room) Dance Fitness Gold\* at 11 AM (Arts Room)**

**Mah Jongg 1 – 4 PM (Green Dragon Game Room)**

Note: Activities flagged with \* do not meet every week

web site: [//users.moscow.com/srcenter](http://users.moscow.com/srcenter)

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