

# SENIOR MEAL SITE

Neighbors  
Feeding Neighbors



**Tuesdays & Thursdays at the 1912 Center**

**412 East Third Street, Moscow**

**Operated by Friendly Neighbors Senior Citizens, Inc.**

**Enjoy a nutritious meal with old and new friends**

**Social Hour: 10:30 am – Salad Bar: 11:30 am**

**Main Course at 12 noon – Plus Soup & Dessert**

**60 and older suggested donation is \$4 – Non-seniors pay \$7**

## Home Delivery of Meals

**Friendly Neighbors also provides meals for home delivery**

**to seniors (60+). For information on how to qualify, call the Area Agency on Aging in Lewiston at 208-746-3351. A phone call may be all that's needed to be authorized for home delivery.**



## Friendly Neighbors' Senior Activities

**Activities are in various rooms in the 1912 Center**

**Friendly Neighbors membership is open to anyone aged 50 or older**

### Schedule of Activities Include:

**Monday: Computer Help 10 AM – 12:30 PM (Welcome Room)**

**Tuesday: Chair Yoga\* at 10:30 AM (Auditorium) Pinochle 1 - 4 PM (Green Dragon Game Room)**

**Wednesday: Mah Jongg 1 – 4 PM (Green Dragon Game Room)**

**Thursday: Beginner's Yoga 10:45 – 11:30 AM (Friendship Hall) Art Studio 12:30 – 4 PM (Arts Room)**

**Bridge 12:45 – 4 PM (Game Room) Computer Help 12:30 – 4 PM (Welcome Room)**

**Friday: Bingo 10 AM (Green Dragon Game Room) Dance Fitness Gold\* at 11:00 AM (Arts Room)**

**Mah Jongg 1 – 4 PM (Green Dragon Game Room)**

**Note: Activities flagged with \* do not meet every week**

**web site: [//users.moscow.com/srcenter](http://users.moscow.com/srcenter)**

**Phone: (208) 882-1562 e-mail: [friendly.neighbors@yahoo.com](mailto:friendly.neighbors@yahoo.com)**